

Mid and South Essex  
Sustainability and Transformation Partnership (STP)

# Mid & South Essex Health & Care Partnership Working Together for Better Lives

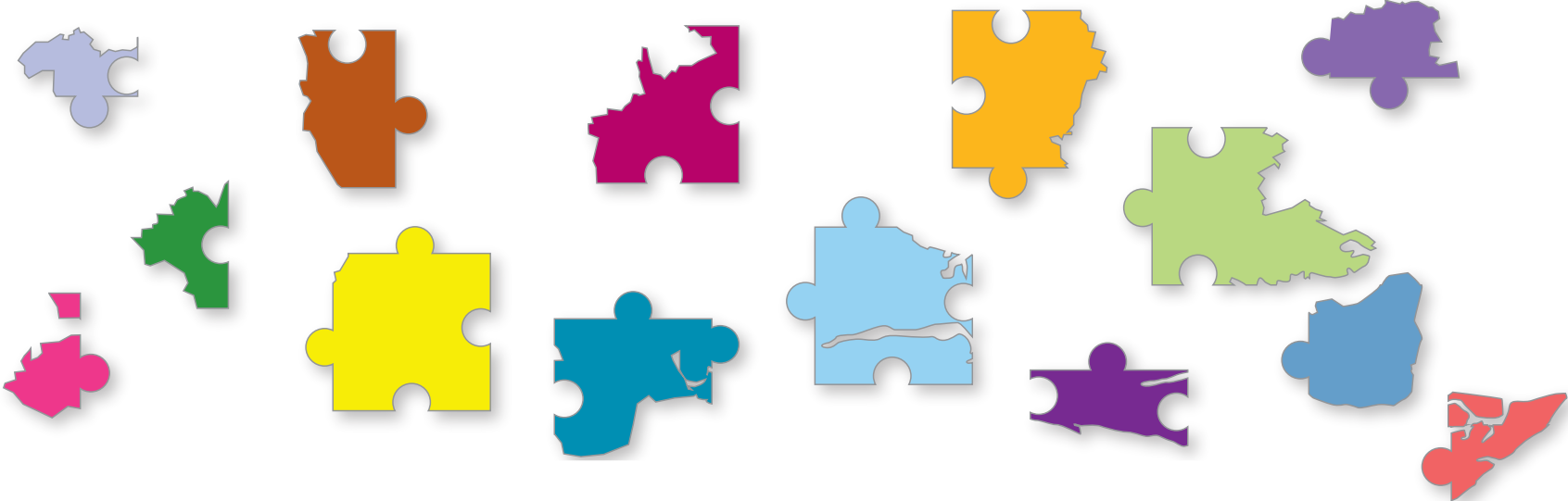
CREATING A 5 YEAR STRATEGY TOGETHER

# The Mid and South Essex Health and Care Partnership

1.2 million population



17 organisations –  
*Working together* for better lives



one plan



Health

Social Care

Housing

Education

Transport

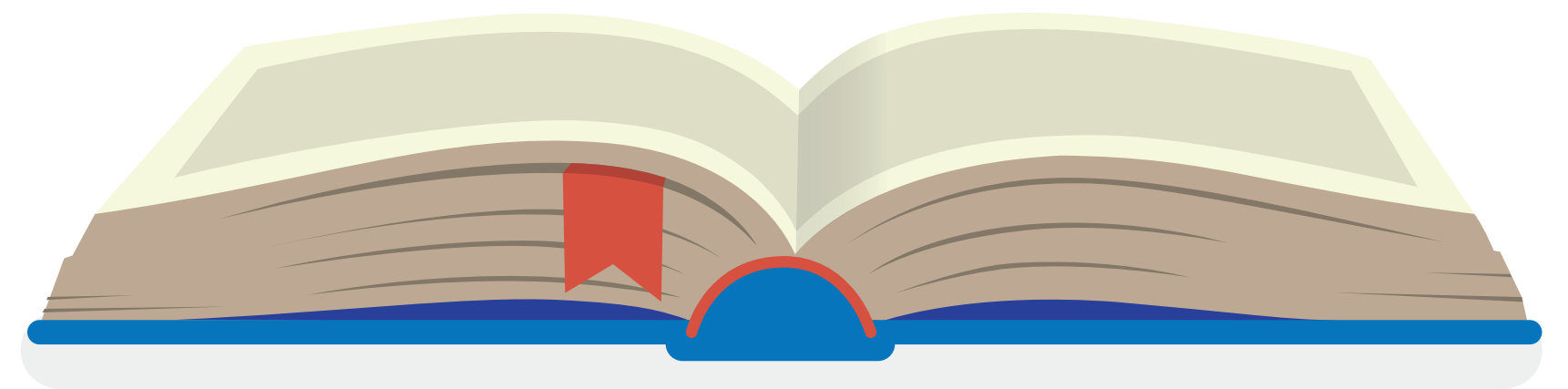
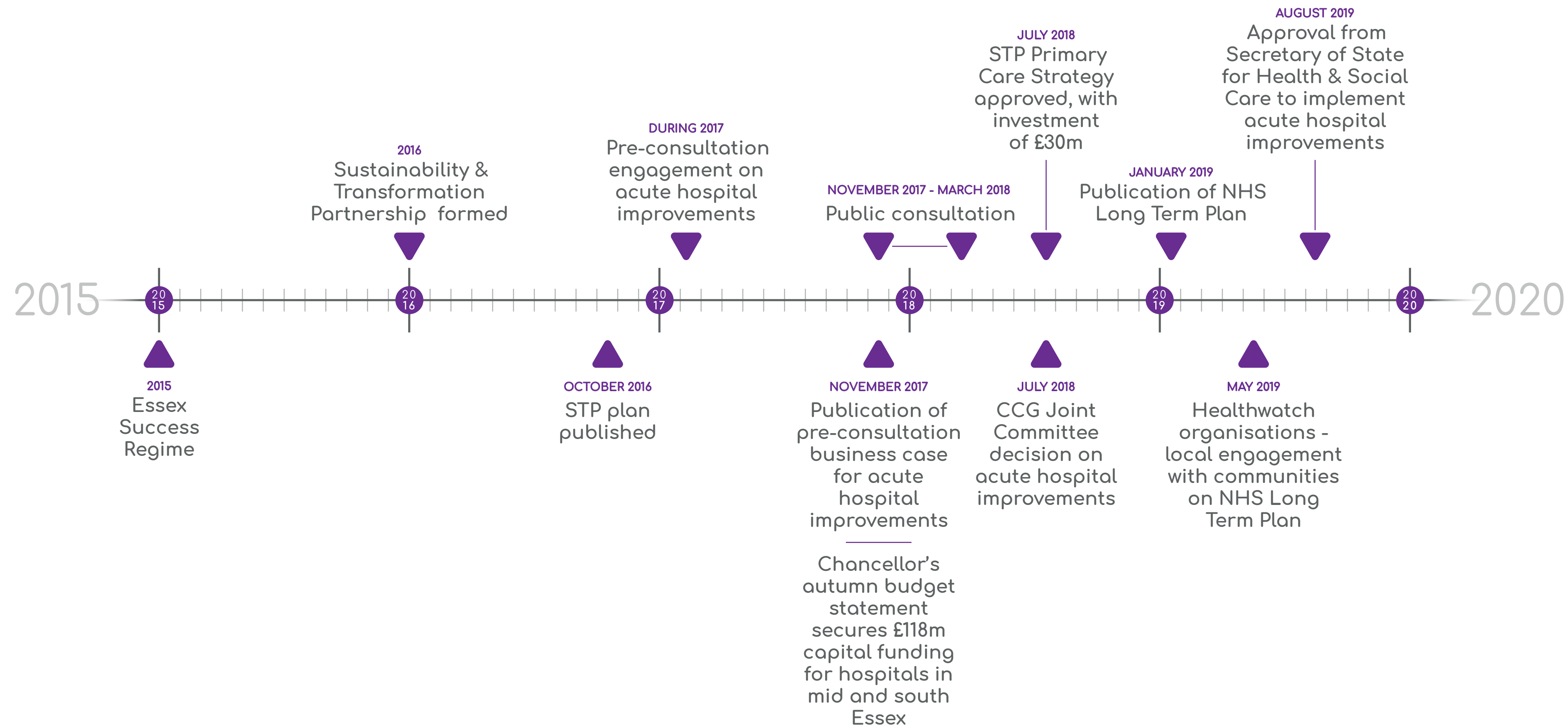
Your community

You

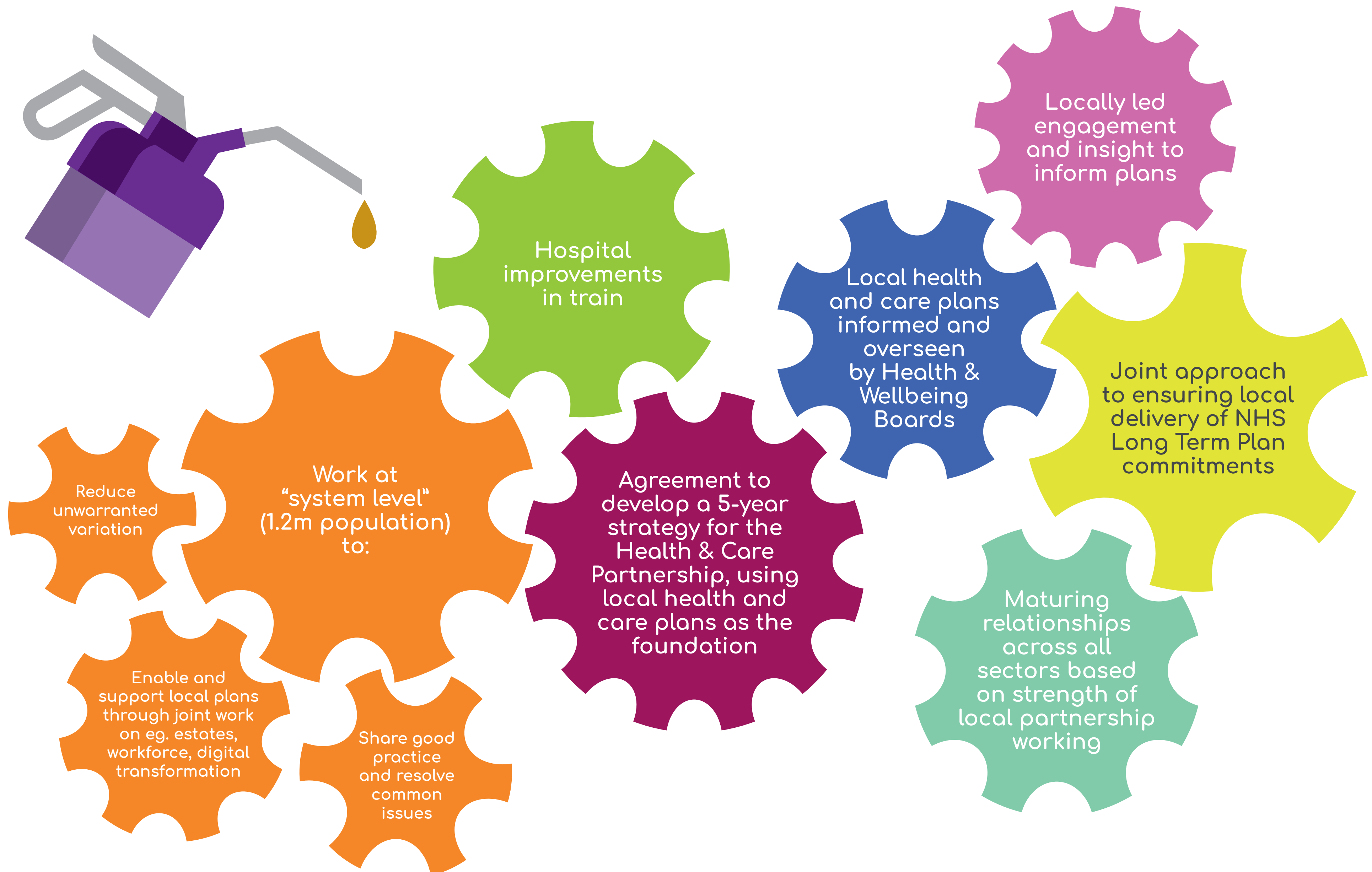


Using innovation and technology to help us all live well now and in the future

# Our story so far...

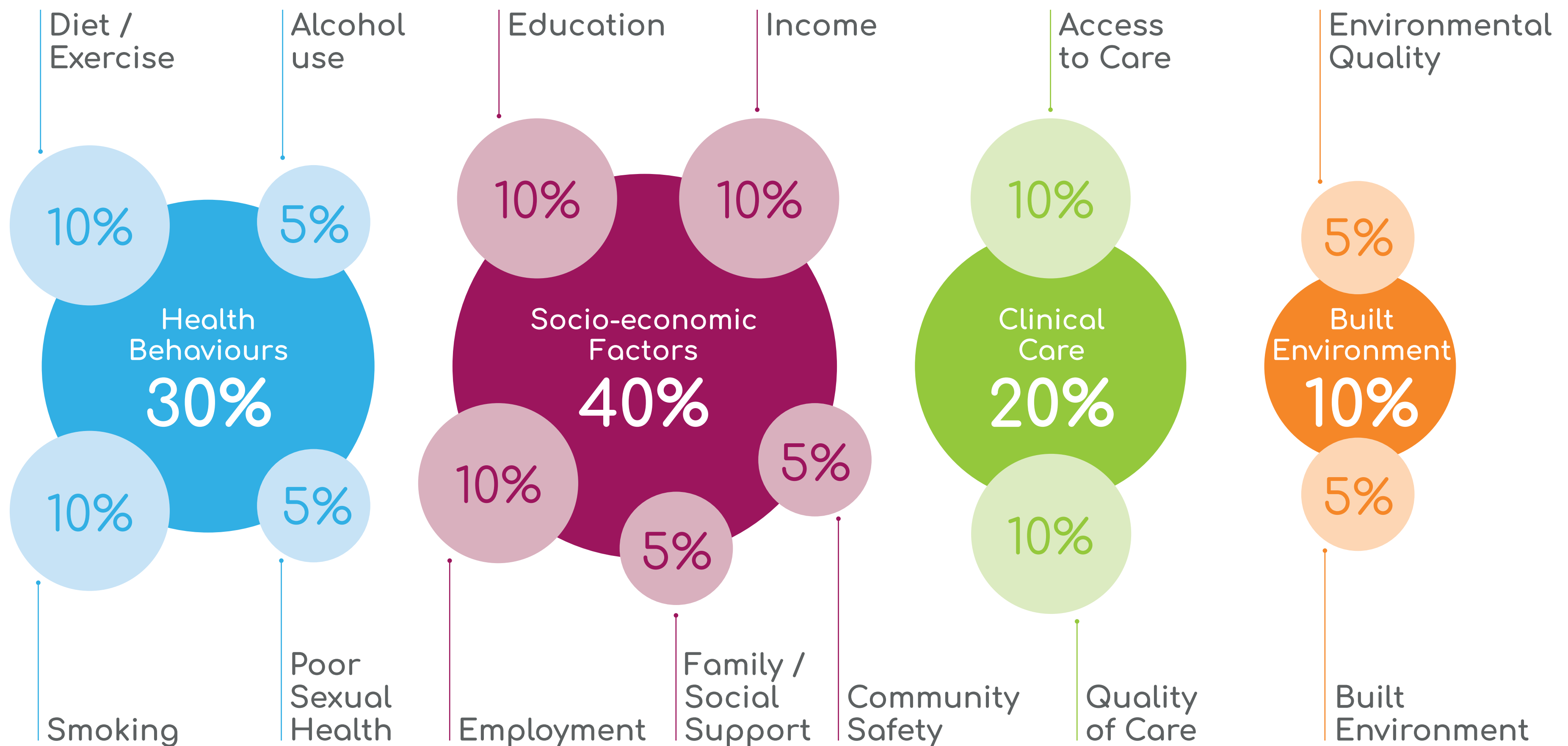


# Where we are now...



# Impacting Lives

Access to, and quality of, clinical care contributes just 20% to the wider determinants of health, and that's why we need to work together..



# Outcomes we want to achieve

Creating Opportunities:  
Education, Employment, Housing & Growth

Supporting Health & Wellbeing:  
Healthy Lives & Healthy Behaviours

Transforming & improving:  
Our health & care services

Ensuring Equality:  
Address inequalities &  
reduce unwarranted variation

# Guiding principles



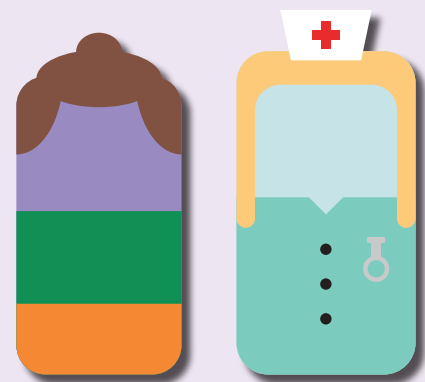


# Our residents have told us...

Through consultation and engagement, we have identified what is important to people in our communities:



Access to the help and treatment I need when I want it.



Choosing the right treatment is a joint decision between me and the relevant health and care professional



I want to be able to stay in my own home for as long as possible



I can talk to my doctor or other health care professional when I need to

People with long-term conditions have identified that they value:



Good post-diagnosis support



Information on how to manage their condition(s)



Better communication between health and care professionals



Knowledge about local support available, both from health and care professionals, and also from community and voluntary organisations

# The data tells us:



We have an ageing population; 1 in 7 people will be aged over 75 years in 2039.



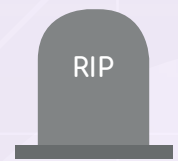
Housing growth is significant with Thurrock expected to have the largest demand for dwellings.



Homes have become up to 58% less affordable over the last decade.



Deprivation has increased across the STP, mostly in Chelmsford and Basildon.



Life expectancy gap between local authorities has decreased by up to 0.59 years among males and 0.35 years among females.



Southend-on-Sea and Basildon are forecast to continue having the highest and largest increasing proportion of overweight or obese adults



Basildon and Southend-on-Sea have the highest prevalence of mental health conditions among adults and children.



We have low numbers of GPs compared to nationally.



Our emergency hospital admissions are above the national average.



We have low rates of uptake of screening for breast and cervical cancers



More people than expected die from cancer, cardiovascular and respiratory disease in our area



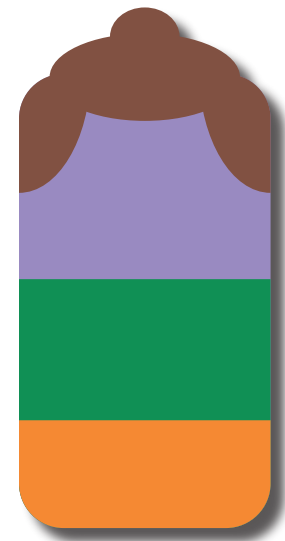
# NHS Long Term Plan

Identifies priorities for:



- // Prevention
- // Reducing health inequalities
- // Integration of health and care to services at populations of 30-50k
- // Enhancing and supporting the workforce
- // Investing in innovation and technology
- // Tackling waste and inefficiency
- // Improving service sustainability

# Working in partnership at every level...



## You

Your family,  
friends and social  
networks



## Your neighbourhood

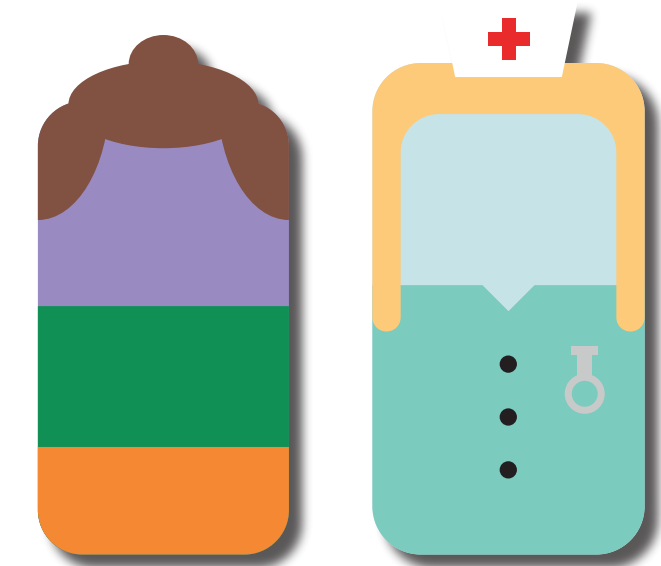
A community  
focussed approach  
to supporting up to  
50,000 residents.

Community, mental  
and physical health  
and social support  
delivered through  
networks of GP  
practices.



## Your Place

Partnership  
working focussed  
on planning and  
delivering health  
and care services  
to support  
populations of up  
to 500,000.



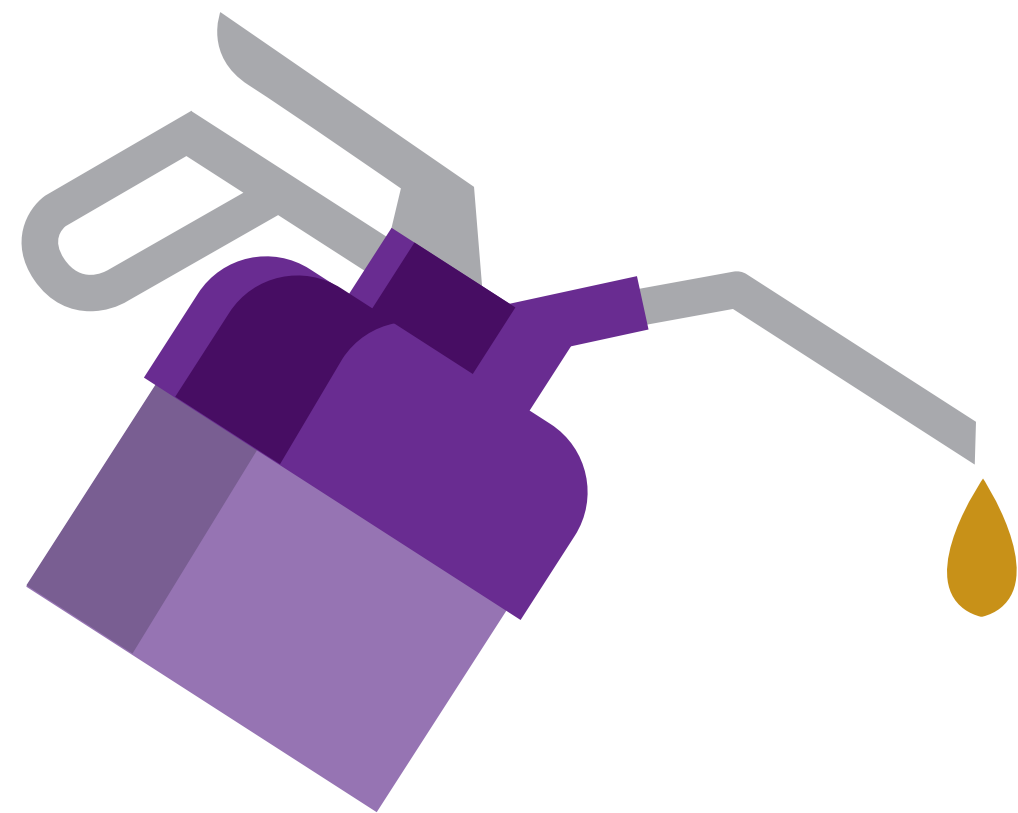
## Our System

Supporting health  
and care services in  
neighbourhoods and  
places by sharing  
good practice and  
resolving common  
issues.

1.2 million  
population

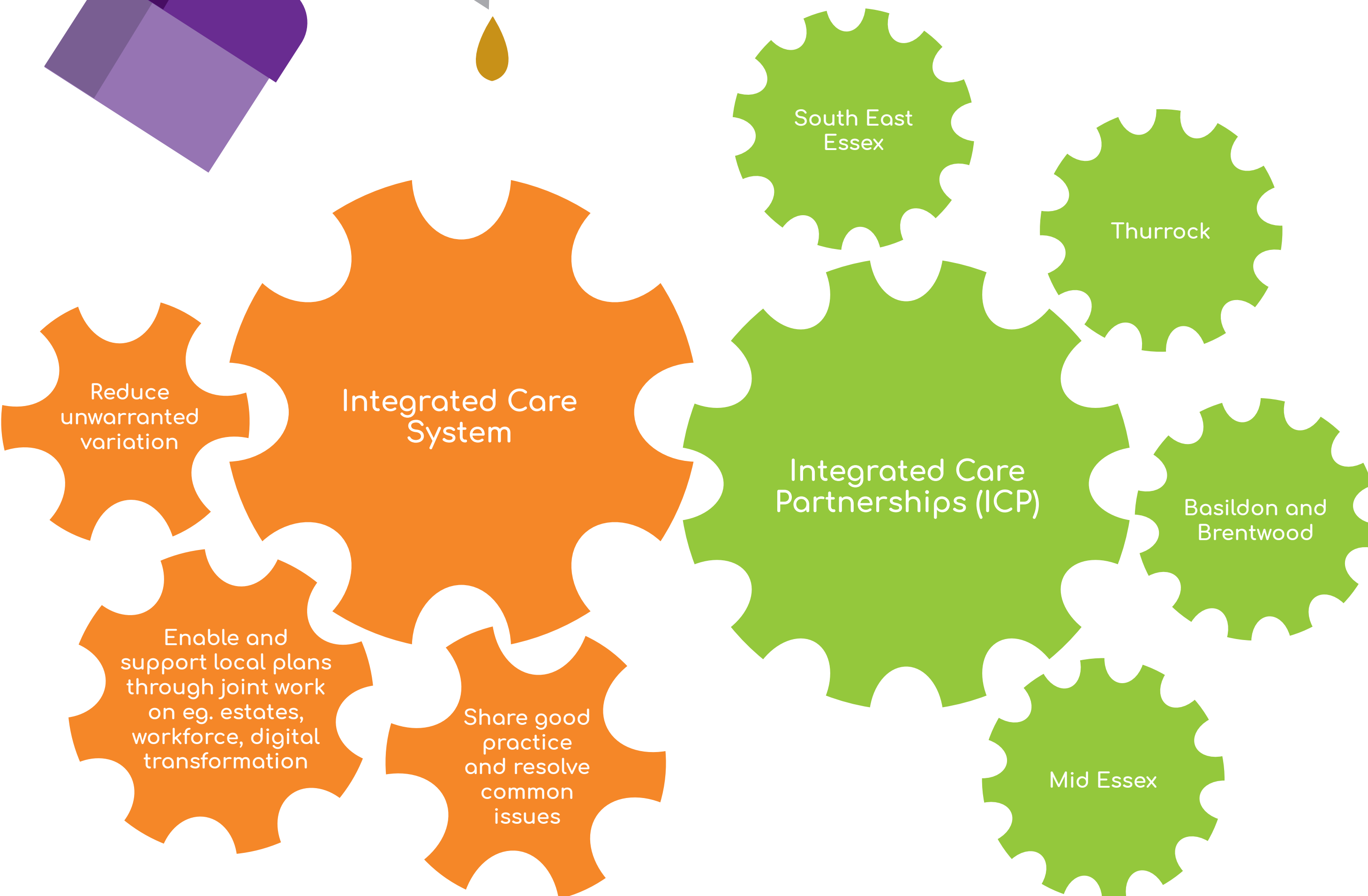


# Where we will be in the future...



Integrated Care Partnerships will agree and deliver plans, overseen by Health and Wellbeing Boards, for:

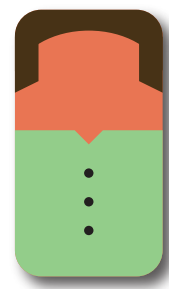
- // Prevention
- // Self Care support
- // Physical and mental health services
- // Care and support services
- // Community and voluntary sector services
- // Primary Care Networks



# Areas of Focus



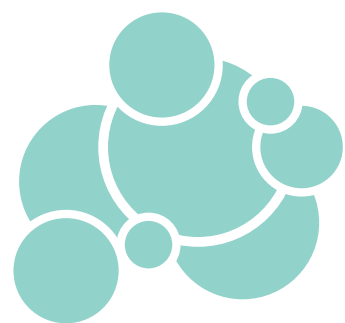
Access to primary care – bringing a range of services closer to home



Improving mental health services



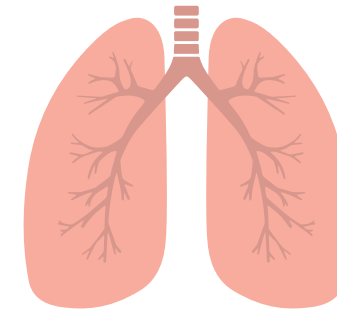
Improving access to and quality of hospital services



Improving our cancer survival rates through early detection and faster access to treatment



Detecting and treating people with cardiovascular disease



Preventing the development of respiratory disease through improved housing and air quality, and supporting those with respiratory problems to better manage their care.



Delivering on the commitments made in Better Births and ensuring children have the best start in life.



Improving our urgent & emergency care services

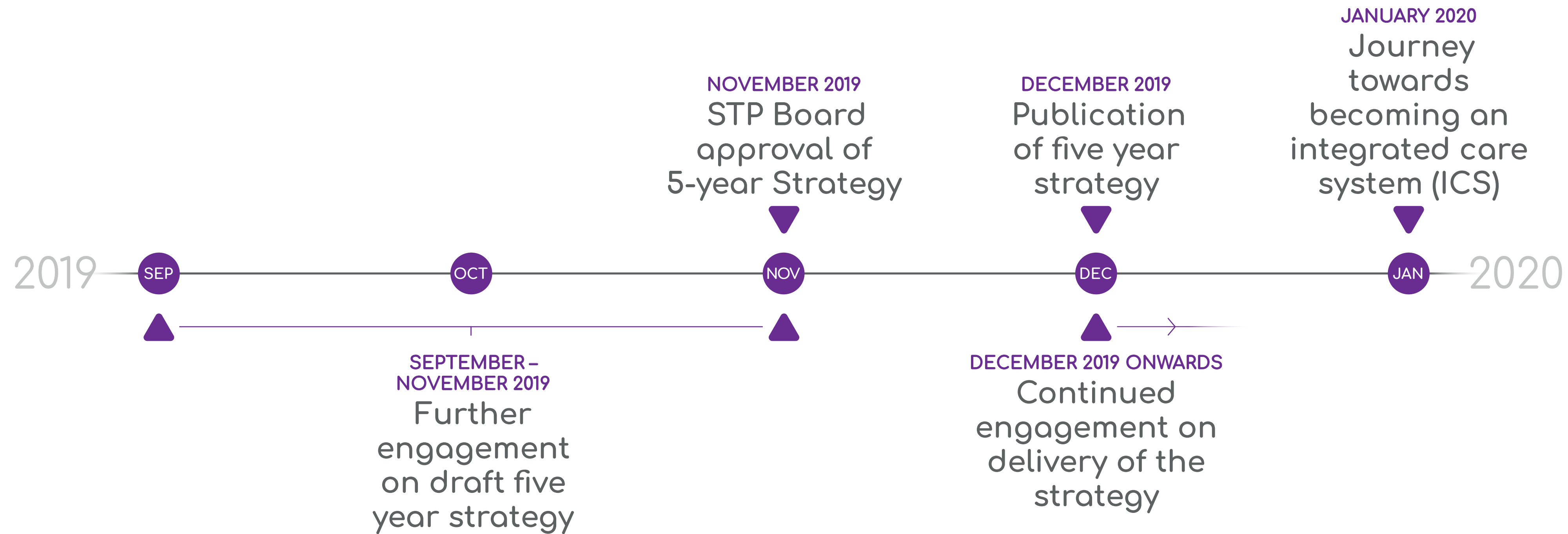
# Through working together we will...

- // Support people to live well and to be independent for as long as possible
- // Focus on prevention and self-care
- // Ensure that residents have the right information and tools to support them
- // Ensure that services are available to support people when in need
- // Ensure the highest standards of health and care service provision





# Next Steps



# Recap



- // Local plans are the foundation of the strategy and are built upon engagement with local communities
- // Work together at system level to enable local plans (eg. through estates, workforce and digital work), address unwarranted variation and resolve common issues.
- // The NHS Long Term Plan prescribes a number of commitments that overlap with our own priorities.

# Discussion

Does this resonate  
with your thinking?

Where would you  
place the highest  
priority?

Are there  
elements  
missing?

Send to:

[england.midsouthessexstp@nhs.net](mailto:england.midsouthessexstp@nhs.net)

by 28 October

